



Welcome Message

It's a great pleasure to serve you with the Technical Handbook of the 26th SEA Games, Palembang-Jakarta, Indonesia 2011.

It was 14 years ago (1997) when Jakarta, Indonesia hosted the 19 th SEA Games and shared joy with fellow participating countries and now Indonesia will be hosting the 26th SEA Games in Palembang and Jakarta, from November 11 to 22, 2011. As we are looking forward to welcoming all participating countries, we have been working hand in hand with the SEA Games Federation as well as International Sports Federation preparing the technical handbook for each sports agreed during the SEA Games Federation Executive Committee and Council held in Nusa Dua, Bali, last February 2011.

We trully hope to deliver each sport at te highest level possible for participating countries best athletes to display their talents. We also would like to provide the best service possible to ASEAN and International Federations (Afs/Ifs) to assist their officials in carrying out their functions, supporting the athletes, and managing the sports competitions and to also implement the rules and regulations of the AF's and IF's. Lastly, we will deliver our very best to fulfill all our obligations to the SEA Games Federation.

With just over months remaining to complete our preparations for hosting the 26th SEA Games, we are pleased to present you with this Handbook and look forward to welcoming you all in Palembang-Jakarta in November 2011.

RITA SUBOWO

President Indonesia SEA Games Organizing Committee





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I. GENERAL INFORMATION

1. General Competition Schedule

NO	November 2011	S	М	Т	W	Th	F	S	S	М	Τ	W	Th	F	S	S	М	Τ	Gold
		6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	Medals
	Competition Day	-5	-4	-3	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	medais
1	Aquatics - Diving																		8
2	Aquatics - Open Water Swiming																		4
3	Aquatics - Swiming							6	6			6	6						38
4	Aquatics - Syncrhonize														F	F			5
5	Aquatics - Water Polo																		2
6	Archery																		10
7	Athletics							11	12	10									46
8	Badminton																		7
9	Baseball															1			1
10	Basketball																		2
11	Billiard Sports																		10
12	Bowling															2			10
13	Boxing														6		8		14
14	Bridge																		9
15	Canoeing						5	3											15
16	Chess											3				2	4		9
17	Cycling - Track																		7
	Cycling - Road Race										2	1	1						6
	Cycling - MTB																		3
	Cycling - BMX																		2
18	Equestrian																		6
19	Fencing																		12
20	Fin Swimming															6			16
21	Football															SF		1	1
22	Futsal																		2
23	Golf																2		4
24	Gymnastic - Artistic							1	1										14
25	Gymnastic - Rythmic														1				1

NO	November 2011		Т	W	Th	F	S	S	М	Τ	W	Th	F	S	S	М	Τ	Gold
			8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	Gold Medals
	Competition Day	-4	-3	-2	-1	0	1	2	3	4	5	6	7	8	9	10	11	11100013
26	Gymnastic - Aerobic																	2
27	Judo																	16
28	Karatedo																	17
29	Paradigling																12	12
30	Pencak Silat							6				12						18
31	Petanque																	6
32	Roller Sports																	12
33	Rowing											6						11
34	Sailing																	9
35	Sepak Takraw																	6
36	Shorinji Kempo																	16
37	Shooting																	14
38	Softball																	2
39	Table Tennis																	5
40	Taekwondo								6									21
41	Tennis																	7
42	Soft Tennis																	7
43	Traditional Boat Race																	10
44	Volleyball (beach)																	2
45	Volleyball (Indoor)																	2
46	Vovinam																	14
47	Sport Climbing																	10
48	Water Ski													6				11
49	Weighlifting													4	3	3		12
50	Wrestling								5	4								17
51	Wushu															10		20
	Closhing																	
	Total					5	43	63	54	64	46	57	32	68	54	42	17	545



2.Organizing Bodies Indonesia SEA Games Organizing Committee (INASOC)

The SEAGF has tasked the Indonesia National Olympic Committee (INOC) to set up an organizing committee that is responsible for the overall planning, organizing and executing of all elements necessary to produce the 26th SEA Games in 2011. This organization is called the Indonesia SEA Games organising committee (INASOC).

INASOC's mission is to produce a truly memorable event by exercising all delegated powers and authorities conferred by the SEAGF, specified in the Host city Contract. Through the SEA Games, Indonesia aims to showcase its unique talents and culture, and the capacity of its people to be united in delivering the 'Games of Your Life', in a spirit of friendship and sportsmanship, while also serving to promote united and rising in the region.

INASOC Board of Directors

President : Rita Subowo Vice President : Frick Tohir

Secretary General : Timbul Thomas Lubis

Advisor : Rosihan Arsyad

Indra Kartasasmita Harris Thayeb Oong Wiradinata Prof. Amran Razak Tunas Dwidharto Sakhyan Asmara Martina Wijaya Mulyana

INASOC Executive Office

Director General : Rachmat Gobel
Vice Director General : Sudradjat Rasyid
Vice Director General : Djati Waluyo
Vice Director General : Andika Perkasa
Vice Director General (JKT) : Ratiyono

Vice Director General (SS) : Muddai Madang

INASOC Directorates

Deputy I (Sport & Venues) : Djoko Pramono Vice Deputy I : Lidya Ivana Lee

> : Marhot Harahap : Kusnan Ismukanto : Musni Wijaya

Deputy II (IT, Marketing, Media & Broadcasting)

Vice Deputy II : Faisal Abdullah

: Heyzer : Ade Lukman : Cucu Kurnia : Anhar Zulkifli

: Djasri Marin

Deputy III (Support) : Yudi Susharyanto
Vice Deputy III : Condro Kirono
: Junusul Hairy

: Junusul Hairy : Ahmed Solihin : Sudjarno

: Torkis Panggabean

: Indra Yudhistira Ramadhan

: Sumaryoto

Deputy IV (Ceremony &

Cultural Event) Vice Deputy IV

: M. Fakhrudin : Frimansyah : Yusri Effendy

: Adhiati Nurdin

Contact Information

Indonesia SEA Games Organising Committee (INASOC)

Head Office :DKI Jakarta Office:Palembang Office:Gedung Gelora Bung KarnoDISORDA DKI JakartaGD. KONI Sumatera Standarda

Jl. Jatinegara timur No.55

East Jakarta, Indonesia

Gedung Gelora Bung Karno Jl. Pintu I Senayan, Jakarta PO.Box 10270

Tel: +62 215737494, Ext 50 Tel: +62 2185911167

+62 215742426 +62 215732206

Fax: +62 215743951 Fax: +62 2185911167

Email:secretariat@seag2011.com

GD. KONI Sumatera Selatan Jl. Jend.Sudirman No.1048 Palembang, Indonesia Tel: +62 711 356358

Fax: +62 711 310313



3.Accommodation

The accommodation will accommodate all the athletes and team officials of the Sea Games for a period of 12 Days, from 11to 22 November 2011. An additional pre-opening period of 7 days has been scheduled from 4 until 7 November 2011 to enable the Chefs De Mission of the NOC's to complete the administrative matters prior to the arrival of their teams.

The accommodation for all the athletes and team officials will be classified as in South Sumatera will be accommodated in the Athletes Village while in Jakarta will be in hotels.

4.Accreditation

4.1.Process

The organization of a great sporting event, such as the SEA Games, necessitates strict access control to all official INASOC venues, zones, and areas. This will be achieved through ticket allocation to spectators and by accreditation to athletes and those with official job function.

Every approved responsible organization will complete the accreditation application process on behalf of its delegation, including the receipt and distribution of the appropriate accreditation cards to each participant before travelling to Palembang, South Sumatera and Jakarta. Upon arrival in Palembang, South Sumatera and Jakarta, participants must validate their cards (see Validation).

All participants must be accurately registered and duly accredited through the IN-ASOC accreditation process in order to take part in the SEA Games.

4.2. Validation

Participants must present their accreditation cards, accompanied by either a valid passport, National Identity Card (Indonesian nationals), or other approved means of identity to the validation desk at the Palembang, South Sumatera and Jakarta International Airport or at an INASOC primary accreditation centre as specified in the Accreditation Manual.

Validation involves:

-electronic activation in the accreditation system; changing the card status to 'live' -physical activation; changing the card appearance to distinguish it from non-valid cards.

4.3.Lost, Damaged, or Stolen Cards

Lost accreditation cards must be reported immediately to the approved authority of the responsible organization. The approved authority concerned must then apply to INASOC for a replacement card, stating the circumstances of the loss. A replacement card will only be issued with the approval of INASOC.

Lost damaged or stolen cards will be cancelled immediately and will not be reactivated: even if recovered.

5. Transportation

A comprehensive transport system for athletes, team officials and technical officials will be available exclusively for the SEA Games. This will include:

- -arrival service from Palembang, South Sumatera and Jakarta International Airport to the accommodation
- -regularly scheduled shuttle service from accommodation to official competition and training venues
- -dedicated service to opening and closing ceremonies
- -dedicated service to all official functions and/ or meetings
- -departure service from the accommodation to Palembang, South Sumatera and Jakarta International Airport

Buses will provide the following services.

Transportation services for the sports delegation upon arrival and departure Providing shuttle bus for delegates to and from matches / training of hotel Special vehicles for NOCs

Provision of Transport for the Opening Ceremony and Closing Ceremony.

Transport Provision for Special Events

Provision of Transport for NOCs in attending a Special Event

Transport Provision for Official activities

Transport Provision for Technical Officials, VIPs and media.

Provision of Transport for INASOC.



6.Uniforms

INASOC will provide all technical officials, staff members and volunteers with appropriate attire and uniforms.

A sizing form will be sent in advance to all parties concerned. Forms must be returned and received by INASOC before the given deadline to ensure availability.

The uniforms will be distributed at the main uniform and accreditation centre after collecting the accreditation.

7. Medical Services

A first aid and emergency first response medical service will be provided during the South East Asia Games to any person requiring medical assistance. This service will operate in official SEA Games competition and training venues during official operating hours. This service will comprise a dedicated medical team supported by an ambulance service.

8.Sports Information Centre

One main sports information centre will be located inside the Accommodations and a sports information desk will be located in each of the competition venues.

9.General Weather Conditions

As a tropical countries, Indonesia only has two (2) seasons which are rainy and dry season. During the month of October until December will be rainy season. The average daytime temperature is between 29 – 32 degrees celcius. In general, the weather is perfect for achieving the best competition results.

10.Facts and Figures

Geography

Location :The territory of the Republic of Indonesia stretches from 6°08′N

latitude to 11°15′S latitude, and from 94°45′E to 141°05′E longitude.

Area : Total Area of Indonesia is 1,919,440 sq km

(Land Area: 1,826,440 sq km; Water Area: 93,000 sq km)

Physical Features: Highest Point: Puncak Jaya (4,884 M)

Lowest Point: Indian Ocean (0 M)

Main Cities : DKI Jakarta

National Flag : The national flag is red and white. Red color means bravery, while

white color means purity

Climate : Tropic

Tourist Information

Weekend : Saturday and Sunday

Working Hours : Govt. Offices: 08.00. – 16.00

Banks: 08.00 - 15.00

Private/Business: 08.00 - 16.00 Malls stay open until 22.00

Local Time : Greenwich Mean Time + 7 hours

Electrical Current: 220 – 240V; frequency 440 Hz

Tipping : Local custom does not require that you leave a tip through it is

appreciated if you do



II. SPORT FEDERATION

1. Confederation Mondiale Des Activities Subaquatics

President : Mr. Ferrero, Achille General Secretary : Mr.Zerby, Allessandro

Address : Viale Tiziano, 74 I – 00196 Rome, Italy

Telephone : +39/06/32.11.0594
Fax : +39/06/32.11.0595
E-mail : cmas@cmas.org
Website : www.cmas.org

2. Asian Underwater Federation (CMAS ASIA)

President : Mr. Liu Guang

Vice President : Mr. Hoang Vinh Giang Secretary General : Mr. Byungdoo LEE

Address : RM 149 No 2 Gymnasium, 882, Oryun-Dong, Songpa-Ku,

Seoul, Korea

Telephone : +82.2.420 4293 Fax : 82 2 421 8898 E-mail : cmasasi@kua.or.kr

3. Indonesia Subaquatics Sports Association (ISSA - POSSI)

President : Mr. Freddy Numberi Vice President : Mr. Alex Noerdin General Secretary : Mr. Merari Nainggolan

Address : Stadion Renang Gelora Bung Karno Senayan

Post Code: 10270

Telephone : 021-57900486
Facsimile : 021-57900487
E-mail : pbpossi@gmail.com
Website : www.possi.or.id

4. Fin Swimming SEAG 26th Organizing Committee

Chairman : Mr. Merari Nainggolan Vice Chairman : Mr. Syahrowi R. Nusir Secretary General : Mrs. June Luhulima

Address : Stadion Renang Gelora Bung Karno Senayan

Post Code: 10270

Telephone : 021-57900486
Facsimile : 021-57900487
E-mail : pbpossi@gmail.com

III. COMPETITION INFORMATION

1. DATES

The 26th SEA Games Fin Swimming Competitions will be held from 19th -21th November 2011.

2. VENUE

Aquatic Center, Jaka Baring Palembang – South Sumatera

3. EVENTS

4x100m Bi-Fins

Men	Women
50m Surface	50m Surface
100m Surface	100m Surface
200m Surface	200m Surface
400m Surface	400m Surface
800m Surface	800m Surface
100m Bi-Fin	100m Bi-Fin
Relay Event	
4x100m Surface	4X100m Surface

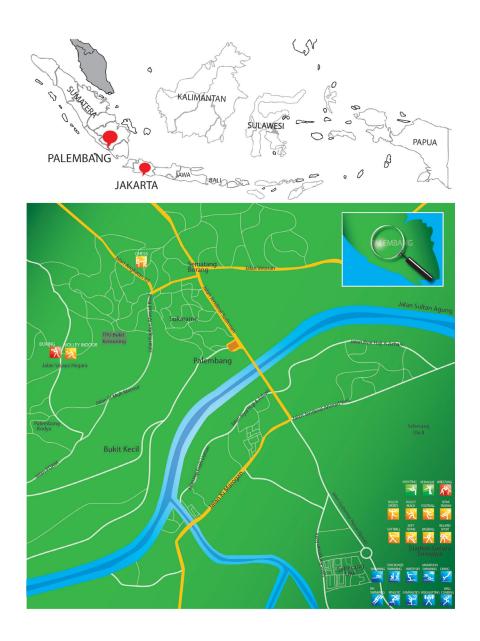
4X100m Bi-Fins



IV. COMPETITION SCHEDULE

Date	Time	Event
Day 1 19 th November 2011	10.00	100 m Surface W (Heat) 100 m Surface M (Heat) 800 m Surface W (B Final) 800 m Surface M (B Final)
	19.00 (Final)	100 m Surface W (Final) 100 m Surface M (Final) 800 m Surface W (A Final) 800 m Surface M (A Final)
Day 2 20 th November 2011	10.00 (Heat)	100 m Bi-fins W (Heat) 100 m Bi-fins M (Heat) 50 m Surface W (Heat) 50 m Surface M (Heat)
	19.00 (Final)	100 m Bi-fins W (Final) 100 m Bi-fins M (Final) 50 m Surface W (Final) 50 m Surface M (Final) 4x 100 m Bi-fins Relay M (Final) 4x 100 m Bi-fins Relay W (Final)
Day 3 21 th November 2011	10.00	400 m Surface W (B Final) 400 m Surface M (B Final) 200 m Surface W (B Final) 200 m Surface M (B Final)
	19.00	400 m Surface W (A Final) 400 m Surface M (A Final) 200 m Surface W (A Final) 200 m Surface M (A Final) 4x100 m Surface Relay W (Final) 4x100 m Surface Relay M (Final)

V. VENUE MAP





VI. GENERAL RULES & REGALATIONS.

1. RULES

The 26th SEA Games Fin Swimming Competition will be conducted in accordance with the Rules of CMAS:

- **a.** Technical questions shall be resolved in accordance with the CMAS Rules.
- **b.** Cases of general nature shall be resolved in accordance with the SEA Games Federation Statutes and Rules (2011). Particularly the following rules shall have precedence:

SEAGF Rules 30 – Eligibility Code:

To be eligible for participation in the SEA Games, a competitor must comply with the SEA Games Federation Statutes and Rules as well as Rules 41 and the By-Laws to Rule 41 of the Olympic Charter.

SEAGF Rule 31 - Nationality of Competitor:

Only nationals of the country of the NOC shall be qualified to represent the NOC in the Games. All disputes relating to the determination of the country, which a competitor may represent in the SEA Games, shall be resolved by the Executive Committee in accordance with the By-Laws to Rule 42 of the Olympic Charter.

SEAGF Rule 33 - Medical Code:

- a. Doping violation as defined by the WADA Code is forbidden.
- **b.** All competitors are liable to medical control and examination carried out in conformity with the rules of the International Olympic Committee Medical Commission, The WADA Anti-Doping Code and Explanatory Documents.
- **c.** Competitors in sports restricted to women must comply with the prescribed tests for femininity, when needed.
- **d.** Any competitor refusing to submit for a medical control or examination or is found guilty of an Anti doping violation shall be exclude from the SEA Games. The principles of exclusion for teams and individuals shall be in accordance with the WADA Code.
- **e.** A medal may be withdrawn by order of the Executive Committee on the proposal of the Chairman of the Organizing Committee.
- **f.** A Medical Commission as approved by the Medical Committee of the SEAG Federation will be set up to implement these rules. Members of which be nominated by their respective NOC as approved by the Medical Commission of the SEAG Federation.
- **g.** The above regulations shall in no way affect further sanctions by the international Federation.

SEAGF Rule 37 - Number of Entries:

The maximum number of entries from each nation in each event is fixed by the Federation in consultation with the Host NOC. However, the following numbers cannot be exceeded:

- **a.** For individual events, including singles and doubles events, there shall only be two (2) entries from each NOC (without reserves). For the sports of Arnis, Bodybuilding, Boxing, Judo, Karate-do, Muay, Pencak Silat, Taekwondo, Weightlifting, Wrestling and Wushu, there shall only be one (1) entry per weight category from each NOC, and for Sailing where there shall only be one (1) entry per event from each NOC. Any event with three or more members to make up a team shall be deemed to be a team event, and there shall only be one (1) team (entry) from each NOC.
- **b.** For team events, one (1) team per nation, the number of reserves shall not exceed the number of players allowed by the International Federation.
- **c.** For events where both team and individual competitions are conducted at the same time, the competitors for any one NOC cannot win more than two (2) medals in their respective individual events.

SEAGF Rule 40 - International Federation:

- **a.** The Organizing Committee shall write to the International Federation concerned for their permission to hold their sport in the Games. If requested by the International Federation concerned one representative shall arrive at least five (5) days before the beginning of the first event of their sport in order to check the facilities and equipment and arrange the entries, which must confirm to its rules and the rules of the SEAGF.
- **b.** The Organizing Committee shall pay the accommodation, meals and local expenses of its representative at the established rate of the Organizing Committee until two (2) days after the closing of their competition.
- **c.** In exceptional cases, if for technical reasons the presences of additional delegates are necessary, the appropriate arrangements shall be made with the Organizing Committee; the Executive Committee must be previously informed. In case of disagreement, the Executive Committee shall decide.





SEAGF Rule 41 – Technical Officials and Jury of Appeal:

- a. The necessary Technical Officials (Referees, Judges, umpires, timekeepers, inspector, etc.) and a Jury of Appeal for each sport shall be appointed by the appropriate National Federation of the Host Country, which shall direct work in conjunction with the Organizing Committee.
- **b.** If technical officials are needed from the other Member Organizations, to be invited to the Games, the Organizing Committee shall seek approval from the Executive Committee. Should the Executive Committee approve the request, the Organizing Committee shall pay their expenses for accommodation, meals, and local transport for the whole period of the Games.
- c. The technical officials and the members of the Jury of Appeal must have never been professionals in sport.
- **d.** No official who has participated in a decision may serve in the Jury of Appeal that reviews it. The findings of the Jury shall be communicated as soon as possible to the Organizing Committee and the Executive Committee.
- e. Technical officials may not live in the Games Villages, but the Organizing Committee shall ensure and bear the cost of their living accommodation, including board and local transport facilities.
- **f.** The Jury of Appeal's decisions on all technical questions concerning its respective disciplinary nature is final. They shall, however, be without prejudice to any further penalty, which may be imposed by the Executive Committee.
- **q.** The Jury of Appeal shall be composed of a Chairman, which position shall be filled up by the Host Country of the Games with a representative of each member country as members.
- h. The International Technical delegates to the Games may be appointed exofficio member of the body and shall act only in an advisory capacity, unless their respective International Federation requires otherwise.
- i. In the event of a dispute or protest relating to technical questions concerning its respective sporting event, representatives of countries in the Jury of Appeal whose countries are involved in the dispute or protest may be allowed to participate in the deliberations, but cannot vote in the resolution of the protest or dispute.

SEAGF Rule 42 – Court of Appeal:

The Executive Committee on behalf of the Federation is the Court of Appeal, which will decide finally on all questions concerning the Games. NOCs or the Organizing Committee may submit questions to the Court of Appeal. In addition to the Court of Appeal may intervene in all questions of non-technical nature outside the Jurisdiction of the Juries of Appeal set up for each sport in the programme.

SEAGF Rule 43 - Claims and Protests:

- **a.** Claims and protests made to the judges on the grounds concerning matters of fact are decided by them without appeal. Appeals against other decisions of the Judges or with regard to any other matter must be addressed to the Chairman of the Jury of Appeal for the sport concerned by a representative of the NOC of the country making the appeal.
- **b.** For exceptional circumstances, any claim must be made within thirty (30) minutes of the decision giving rise to the claim. The Jury of Appeal after an investigation shall then give a decision and this decision shall be irrevocable, except the case of a disqualification of a team or of a competitor for infraction of the Southeast Asian Games Federation, which shall be decided by the Court of Appeal. All claims and appeals must be made in writing.

2. PARITICIPANTS

The 26th Sea Games Fin Swimming competitions is reserved for team representing the National Olympic Committee affiliated with the SEA Games Federation.

Only competitors who comply with the conditions laid down in the SEA Games Federation Statutes and Rules (2011) and the ASIAN Underwater Federation (CMAS ASIA) Rules are entitled to participate.

Each country may enter the following maximum number of competitors:

- Individual Events a maximum of two (2) competitors
- Relay Events a maximum of one (1) team and a maximum of four (4) swimmers and one (1) reserve may be entered in each team
- Each Participating NOC may enter a maximum 6 events for Men and 6 events for Women plus one (1) reserve (in total of 16 events)



3. ENTRIES

Entries for each participation country must be submitted in accordance with the regulations laid down by the Organizing Committee of the 26th SEA Games.

Deadline for Entry Forms by Number (Preliminary)

Preliminary Entry Forms by Number from each participation country forwarded through the respective National Olympic Committee (NOC) must be completed and should be received by INASOC not letter than 30 June 2011 at 24:00 hours INA time.

Deadline for Entry Forms by Name (Final):

The Entry Forms by Name must be received by INASOC not later than 30 September 2011 at 24:00 hours, INA time.

Both Entry Forms by Number and Entry Forms by Name nay be send by fax, but must be subsequently confirmed with the original documents, by mailing them to the following address:

Sports Technical Committee SEA Games 2011

Address : Gedung Gelora Bung Karno 2nd Floor Jl. Pintu I, Senayan,

Jakarta 10270 Indonesia

Telephone : +6221 5737494 ext.50

Fax : + 6221 5743981

E-mail : nurlaily@seag2011.com Website : www.seag2011.com

4. TECHNICAL MEETING

The technical Meeting of Managers from each participating country will be held two (2) days before start of the competition.

The time and venue of the meeting will be announced at a proper time.



VII. COMPETITION RULES AND REGULATIONS

1. TECHNICAL ORGANISATION

The Indonesia Aquatic Sports Association (ISA) is responsible for and has full control of the technical organization of the fin swimming competition, in consultation with the Asia Underwater Federation (CMAS ASIA) and the World Underwater Federation (CMAS).

2. MODE OF COMPETITION

There will be heats only on 50m and 100m and the rest events will go direct finals. Top eight Fin Swimmers in accordance with the time submitted will be swimming in the final session (PM) while the rest of it will be swimming in the B-final session (AM)

Individual competitors and relay teams will be seeded for the heats in accordance to the times submitted on the official entry forms. A draw will be held for those with identical times. Entries with no submitted will be placed at the end of the list in alphabetical order.

Swimmers will advance to the finals on the basis of their placement in the heats. If there is an equal times for the 8th place (registered to 1/100 second), a swim-off will take place not less than 1 (one) hour after the conclusion of all heats in the event concerned.

Each competitor must have one medical examination with 4 photos (as attached form)

VIII. PRIZES AND COMMENDATIONS

1. VICTORY CEREMONIES

The Victory Ceremonies shall normally be held after the completion of each event.

2. PRIZES

Prizes will be awarded as follows:

First Prize : Gold Medal and Diploma to the winner/each member of the team

that is placed 1st in each event.

Second Prize : Silver Medal and Diploma to the athletes/each member of the team

that is placed 2nd in each event.

Third Prize : Bronze Medal and Diploma to the athletes/each member of the team

that is placed 3rd in each event.

Fourth to Sixth : Diploma to athlete/each member of the team that is placed 4th, 5th,

and 6th in each event.

There shall be no tie for gold, silver or bronze medal placing, except in events where there is no play-off between the losing semi-finalists for the bronze medal. Should there be a tie at the end of a competition for the gold, silver or bronze placing, a sudden death play-off shall be held to break the tie.



IX. APPROVAL OF TECHNICAL HANDBOOK

This Technical Handbook was approved by the CMAS ASIA on May, 2011

