



Welcome Message

It's a great pleasure to serve you with the Technical Handbook of the 26th SEA Games, Palembang-Jakarta, Indonesia 2011.

It was 14 years ago (1997) when Jakarta, Indonesia hosted the 19 th SEA Games and shared joy with fellow participating countries and now Indonesia will be hosting the 26th SEA Games in Palembang and Jakarta, from November 11 to 22, 2011. As we are looking forward to welcoming all participating countries, we have been working hand in hand with the SEA Games Federation as well as International Sports Federation preparing the technical handbook for each sports agreed during the SEA Games Federation Executive Committee and Council held in Nusa Dua, Bali, last February 2011.

We trully hope to deliver each sport at te highest level possible for participating countries best athletes to display their talents. We also would like to provide the best service possible to ASEAN and International Federations (Afs/Ifs) to assist their officials in carrying out their functions, supporting the athletes, and managing the sports competitions and to also implement the rules and regulations of the AF's and IF's. Lastly, we will deliver our very best to fulfill all our obligations to the SEA Games Federation.

With just over months remaining to complete our preparations for hosting the 26th SEA Games, we are pleased to present you with this Handbook and look forward to welcoming you all in Palembang-Jakarta in November 2011.

RITA SUBOWO

President

Indonesia SEA Games Organizing Committee



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I. GENERAL INFORMATION

1. General Competition Schedule

NO	November 2011	S	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	Gold Medals
	Competition Day	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
1	Aquatics - Diving							2	2	2	2								8
2	Aquatics - Open Water Swimming											2		2					4
3	Aquatics - Swimming						6	6	7	7	6	6							38
4	Aquatics - Synchronize														F	F			5
5	Aquatics - Water Polo							1							1				2
6	Archery									4	1	4	1						10
7	Athletics							11	12	10	11	2							46
8	Badminton									2					5				7
9	Baseball																1		1
10	Basketball														2				2
11	Billiard Sports							2		3		2		3					10
12	Bowling									2	2	2	2			2			10
13	Boxing														6		8		14
14	Bridge							2	2		1	1		2	1				9
15	Canoeing						5	3	7										15
16	Chess											3					2	4	9
17	Cycling - Track														2	2	3		7
	Cycling - Road Race									2	1	1	2						6
	Cycling - MTB							2	1										3
	Cycling - BMX														2				2
18	Equestrian									1	2	1	1	1					6
19	Fencing							2	2	2	2	2	2						12
20	Fin Swimming													5	6	5			16
21	Football															SF		1	1
22	Futsal																	2	2
23	Golf												2				2		4
24	Gymnastic - Artistic							1	1	2	5	5							14
25	Gymnastic - Rythmic													1					1

NO	November 2011	M	T	W	Th	F	S	S	M	T	W	Th	F	S	S	M	T	Gold Medals
	Competition Day	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	
26	Gymnastic - Aerobic															2		2
27	Judo										4	4	4	4				16
28	Karatedo					7	8	2										17
29	Paradigling															12		12
30	Pencak Silat						6				12							18
31	Petanque						2		2		2							6
32	Roller Sports					4	4	4										12
33	Rowing									5	6							11
34	Sailing														9			9
35	Sepak Takraw								2				2				2	6
36	Shorinji Kempo												4	4	8			16
37	Shooting						3	3	3	2	3							14
38	Softball													2				2
39	Table Tennis								1	2	2							5
40	Taekwondo						7	4	6	4								21
41	Tennis									2						2	3	7
42	Soft Tennis											2	2	2	1			7
43	Traditional Boat Race													4	4	2		10
44	Volleyball (beach)														2			2
45	Volleyball (Indoor)															2		2
46	Vovinam								7	7								14
47	Sport Climbing										4	4	2					10
48	Water Ski													5	6			11
49	Weighlifting													4	4	3	3	12
50	Wrestling								5	4	4	4						17
51	Wushu												2	4	4	10		20
	Closing																	
	Total					5	43	63	54	64	46	57	32	68	54	42	17	545



2.Organizing Bodies Indonesia SEA Games Organizing Committee (INASOC)

The SEAGF has tasked the Indonesia National Olympic Committee (INOC) to set up an organizing committee that is responsible for the overall planning, organizing and executing of all elements necessary to produce the 26th SEA Games in 2011. This organization is called the Indonesia SEA Games organising committee (INASOC).

INASOC's mission is to produce a truly memorable event by exercising all delegated powers and authorities conferred by the SEAGF, specified in the Host city Contract. Through the SEA Games, Indonesia aims to showcase its unique talents and culture, and the capacity of its people to be united in delivering the ' Games of Your Life ', in a spirit of friendship and sportsmanship, while also serving to promote united and rising in the region.

INASOC Board of Directors

President	: Rita Subowo
Vice President	: Erick Tohir
Secretary General	: Timbul Thomas Lubis
Advisor	: Rosihan Arsyad Indra Kartasasmita Harris Thayeb Oong Wiradinata Prof. Amran Razak Tunas Dwidharto Sakhyan Asmara Martina Wijaya Mulyana

INASOC Executive Office

Director General	: Rachmat Gobel
Vice Director General	: Sudradjat Rasyid
Vice Director General	: Djati Waluyo
Vice Director General	: Andika Perkasa
Vice Director General (JKT)	: Ratiyono
Vice Director General (SS)	: Muddai Madang

INASOC Directorates

Deputy I (Sport & Venues) : Djoko Pramono
Vice Deputy I : Lidya Ivana Lee
: Marhot Harahap
: Kusnan Ismukanto
: Musni Wijaya

Deputy II (IT, Marketing,
Media & Broadcasting) : Djasri Marin
Vice Deputy II : Faisal Abdullah
: Heyzer
: Ade Lukman
: Cucu Kurnia
: Anhar Zulkifli

Deputy III (Support) : Yudi Susharyanto
Vice Deputy III : Condro Kirono
: Junusul Hairy
: Ahmed Solihin
: Sudjarno
: Torkis Panggabean
: Sumaryoto

Deputy IV (Ceremony &
Cultural Event) : Indra Yudhistira Ramadhan
Vice Deputy IV : Adhiati Nurdin
: M. Fakhruddin
: Frimansyah
: Yusri Effendy

Contact Information

Indonesia SEA Games Organising Committee (INASOC)

Head Office :

Gedung Gelora Bung Karno
Jl. Pintu I Senayan, Jakarta
PO.Box 10270
Tel : +62 215737494, Ext 50
+62 215742426
+62 215732206

Fax : +62 215743951

Email : secretariat@seag2011.com

DKI Jakarta Office:

DISORDA DKI Jakarta
Jl. Jatinegara timur No.55
East Jakarta, Indonesia
Tel: +62 2185911167

Fax: +62 2185911167

Palembang Office:

GD. KONI Sumatera Selatan
Jl. Jend.Sudirman No.1048
Palembang, Indonesia
Tel: +62 711 356358

Fax: +62 711 310313



3.Accommodation

The accommodation will accommodate all the athletes and team officials of the Sea Games for a period of 12 Days, from 11 to 22 November 2011. An additional pre-opening period of 7 days has been scheduled from 4 until 7 November 2011 to enable the Chefs De Mission of the NOC's to complete the administrative matters prior to the arrival of their teams.

The accommodation for all the athletes and team officials will be classified as in South Sumatera will be accommodated in the Athletes Village while in Jakarta will be in hotels.

4.Accreditation

4.1.Process

The organization of a great sporting event, such as the SEA Games, necessitates strict access control to all official INASOC venues, zones, and areas. This will be achieved through ticket allocation to spectators and by accreditation to athletes and those with official job function.

Every approved responsible organization will complete the accreditation application process on behalf of its delegation, including the receipt and distribution of the appropriate accreditation cards to each participant before travelling to Palembang, South Sumatera and Jakarta. Upon arrival in Palembang, South Sumatera and Jakarta, participants must validate their cards (see Validation).

All participants must be accurately registered and duly accredited through the INASOC accreditation process in order to take part in the SEA Games.

4.2.Validation

Participants must present their accreditation cards, accompanied by either a valid passport, National Identity Card (Indonesian nationals), or other approved means of identity to the validation desk at the Palembang, South Sumatera and Jakarta International Airport or at an INASOC primary accreditation centre as specified in the Accreditation Manual.

Validation involves:

- electronic activation in the accreditation system; changing the card status to 'live'
- physical activation; changing the card appearance to distinguish it from non-valid cards.

4.3.Lost, Damaged, or Stolen Cards

Lost accreditation cards must be reported immediately to the approved authority of the responsible organization. The approved authority concerned must then apply to INASOC for a replacement card, stating the circumstances of the loss. A replacement card will only be issued with the approval of INASOC.

Lost damaged or stolen cards will be cancelled immediately and will not be reactivated: even if recovered.

5.Transportation

A comprehensive transport system for athletes, team officials and technical officials will be available exclusively for the SEA Games. This will include:

- arrival service from Palembang, South Sumatera and Jakarta International Airport to the accommodation
- regularly scheduled shuttle service from accommodation to official competition and training venues
- dedicated service to opening and closing ceremonies
- dedicated service to all official functions and/ or meetings
- departure service from the accommodation to Palembang, South Sumatera and Jakarta International Airport

Buses will provide the following services.

Transportation services for the sports delegation upon arrival and departure

Providing shuttle bus for delegates to and from matches / training of hotel

Special vehicles for NOCs

Provision of Transport for the Opening Ceremony and Closing Ceremony.

Transport Provision for Special Events

Provision of Transport for NOCs in attending a Special Event

Transport Provision for Official activities

Transport Provision for Technical Officials, VIPs and media.

Provision of Transport for INASOC.



6.Uniforms

INASOC will provide all technical officials, staff members and volunteers with appropriate attire and uniforms.

A sizing form will be sent in advance to all parties concerned. Forms must be returned and received by INASOC before the given deadline to ensure availability.

The uniforms will be distributed at the main uniform and accreditation centre after collecting the accreditation.

7.Medical Services

A first aid and emergency first response medical service will be provided during the South East Asia Games to any person requiring medical assistance. This service will operate in official SEA Games competition and training venues during official operating hours. This service will comprise a dedicated medical team supported by an ambulance service.

8.Sports Information Centre

One main sports information centre will be located inside the Accommodations and a sports information desk will be located in each of the competition venues.

9.General Weather Conditions

As a tropical countries, Indonesia only has two (2) seasons which are rainy and dry season. During the month of October until December will be rainy season. The average daytime temperature is between 29 – 32 degrees celcius. In general, the weather is perfect for achieving the best competition results.

10. Facts and Figures

Geography

Location	: The territory of the Republic of Indonesia stretches from 6°08' N latitude to 11°15' S latitude, and from 94°45' E to 141°05' E longitude.
Area	: Total Area of Indonesia is 1,919,440 sq km (Land Area: 1,826,440 sq km; Water Area: 93,000 sq km)
Physical Features	: Highest Point: Puncak Jaya (4,884 M) Lowest Point: Indian Ocean (0 M)
Main Cities	: DKI Jakarta
National Flag	: The national flag is red and white. Red color means bravery, while white color means purity
Climate	: Tropic

Tourist Information

Weekend	: Saturday and Sunday
Working Hours	: Govt. Offices: 08.00. – 16.00 Banks: 08.00 – 15.00 Private/Business: 08.00 - 16.00 Malls stay open until 22.00
Local Time	: Greenwich Mean Time + 7 hours
Electrical Current	: 220 – 240V; frequency 440 Hz
Tipping	: Local custom does not require that you leave a tip through it is appreciated if you do



II. SPORT FEDERATIONS

1. International Pencak Silat Federation (PERSILAT).

President : Mr. Prabowo Subianto
Secretary General : Mr. Teddy Suratmadji
Address : Padepokan Pencak Silat Taman Mini Indonesia Indah
(TMII), Jakarta Timur 13560 Indonesia
Telp/Fax : +62 21 8778261
E-mail : persilat.org@gmail.com

2. Indonesia Pencak Silat Federation (IPSI).

President : Mr. Prabowo Subianto
Secretary General : Mr. Erizal Chaniago
Address : Padepokan Pencak Silat Taman Mini Indonesia Indah
(TMII), Jakarta Timur 13560 Indonesia
Telp : +62 21 8413815/8416214
Fax : +62 21 8413815
E-mail : cal chaniago@yahoo.com

Pencak Silat SEAG 26th Organizing Committee.

Chairman : Mr. Bambang Rus Effendi
Secretary : Mr. Fahmi Wardi
Treasurer : Mr. Aulia Bonanza
Venue Manager : Mr. Aminudin
Tech. Official Manager : Mr. Tafsil Rimsal
Address : Padepokan Pencak Silat Indonesia
Telp : +62 21 8413815/8416214
Fax : +62 21 8413815
Email : cal chaniago@yahoo.com

III. COMPETITION INFORMATION

1. DATES

The 26th SEA Games Pencak Silat Competition will be held from November 12 - 17, 2011.

2. VENUES

a. Competition Site

The competition will be held at Padepokan Pencak Silat, TMII, Jakarta

b. Training Site

Training venues will be provided at same as competition site.

The training schedule for each team will be given upon the arrival.

3. Events

The 26th SEA Games Pencak Silat Competition will be contested in the following events:

TANDING (Match) Category

Male Events :

Class A:	< 45 to 50 Kg
Class B:	< 50 to 55 Kg
Class C:	< 55 to 60 Kg
Class D:	< 60 to 65 Kg
Class E:	< 65 to 70 Kg
Class F:	< 70 to 75 Kg
Class I :	< 85 to 90 Kg

Female Events :

Class B:	< 50 to 55 Kg
Class C:	< 55 to 60 Kg
Class D:	< 60 to 65 Kg
Class E:	< 65 to 70 Kg
Class F:	< 70 to 75 Kg

Tunggal,Ganda,Regu

Male

Tunggal (Single)

Ganda (Double)

Team

Female

Tunggal (Single)

Ganda (Double)

Team



IV. COMPETITION SCHEDULE

7 November 2011 8 -9 November 2011 10 November 2011	Arrival Referees and Jurors Refreshing Referees and Jurors Medical Check Up and Weight-in and Technical Meeting
Technical Meeting 11 Nopember	OPENING CEREMONY SEA GAMES XXVI - 2011
12 November 2011 09:00 – 12:00 am 02:00 – 05:00 pm 07:00 – 10:00 pm	Opening Arena Pencak Silat Sea Games XXVI - 2011 Tanding – Elimination Tanding – Elimination
13 November 2011 09:00 – 12:00 am 02:00 – 05:00 pm 07:00 – 10:00 pm	Tanding – Elimination Tunggal, Ganda, Regu – Elimination (Male and Female) Tanding – Elimination
14 November 2011 09:00 – 12:00 am 02:00 – 05:00 pm 07:00 – 10:00 pm	Tanding – Elimination (Male and Female) Tanding – Elimination (Male and Female) Tanding – Elimination
15 November 2011 09:00 – 12:00 am 12:00 – 05:00 pm 07:30 – 10:00 pm	Tanding – Semi Finals (Male and Female) Tunggal, Ganda, Regu - Finals (Male and Female) Awarding Ceremony Tanding – Semi Finals (Male and Female)
16 November 2011	- Break -
17 November 2011 09:00 – 12:00 am 02:00 – 05:00 pm	Tanding – Finals – Awarding Ceremony Tanding – Finals – Awarding Ceremony

November 2011																	
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	
06	07	08	09	10	11	12	13	14	15	16	17	18	19	20	21	22	



: Arival Referees and Jurors



: Refresing Referees and Jurors



: Medical Cheek Up, Weight In and Technical Meeting



: Competition

V. VENUE MAP





VI. GENERAL RULES & REGULATIONS

1. Rules

The 26 th SEA Games Pencak Silat Competition will be conducted in accordance with the rules of the International Pencak Silat Federation (PERSILAT).In case of a disagreement in the interpretation of rules from version in different languages, the English Text will prevail. Any unforeseen incident not covered by the Persilat Rules Shall be dealt with accordingly in the following manner:

- a. Technical questions shall be resolved in accordance with the PERSILAT Rules, version 2004.
- b. Case of general nature shall be resolved in accordance with the SEA Games organizing committee.

2. Participations

2.1 The 26th SEA Games Pencak Silat Competitions is reserved for athletes representing the National Olympic Committee affiliated to the SEA Games Organizing Committee.

2.2 Nationality and age should be proper by valid passport.

2.3 Document, by mailing them to the following address:

3. Technical Meeting

The Technical Meeting for managers from each country will be held one (1) day before the start of the competition. The time and venue of the meeting will be announced later.

VII. COMPETITION RULES & REGULATIONS

1. Technical Organization

The Pencak Silat 26th SEA Games 2011 Organizing Committee under the guidance of technical delegates is responsible for the technical Organization of the Pencak Silat competition. Any question on the rules shall be decided by the technical Delegate.

2. System of Competition

The competition will be conducted as an elimination tournament according to the PERSILAT Rules.(Result of the 6th Persilat Congress 2004)

3. Contest Duration

The duration of contest in each category will be as described in the Competition Rules of PERSILAT.

4. **Drawing Of Lots**

The drawing of lots will be conducted by technical Delegates or his representative appointed by the Organizing Committee for Pencak Silat. The drawing of lost will be conducted in alphabetical order according to the official names of the participating NOC the participating NOCs are welcome to attend the draw.

5. **Referees and Jurors Course**

Before will be held a two (2) days (referees and Jurors course)for the competition, on 8 – 9 November 2011.

6. **Medical Cheek up and Weigh-in**

Competitors in each category shall report for medical cheek up and weigh – in on November 10,2011 at the competition venue. It will begin at 08.00 hours and close at 12.00 hours of the same day. Late comers are automatically disqualified. Tending category competitors must reweigh-in 15 minutes before their respective events. Competitors who fail to make the reweigh-in shall be disqualified.

7. **The assessment of the competition will use computerized system.**

8. **If for some reason something in a way system computerized imple mented then it will be used the way assessment manuals.**

The schedule is subject to change upon the number of the participants.

VII. **Entries**

Preliminary Entry (Entry By Number)

1.1.1.1.1 Each participating OCA member (NOCs) must completed and submit preliminary entry forms (Entry by Number) to INASOC no later than 31 June 2011 at 2400Hours (GMT+7) Jakarta local time.

1.1.1.2 Final Entry (Entry By Name)

1.1.1.2.1 The entry forms (Entry by Name) must be received by INASOC no later than 31 September 2011 at 2400Hours (GMT+7) Jakarta local time.

VIII. **ATHLETES READINESS**

All athletes must be in the arena when the category which they represent is proceeding and be ready in their position. Athletes are also advised to follow all the instruction from the officer in-charge.

IX. **PENCAK SILAT UNIFORM**

All athletes who take parts in the competition should wear something identifiable to Pencak Silat. Athletes who perform in the Regu (Team) category should wear the Pencak Silat uniform of black color with the white belt of the permissible size.

**During competition :**

1. All athletes must wear the Pencak Silat uniforms in black color.
2. All athletes must wear the body protectors
3. All athletes must wear plastic ball guards (for men) and female sanitary napkins (for woman) provided by respective contingent.
4. One layer thin joint protection (without sponge) to prevent from injury is allowed to wear as far as it does not endanger the opponent.

X. MATCH CATEGORY COMPETITIONS**WEIGHING / RE – WEIGHING**

1. For category match participants will be weighed on the registration day to confirm their class. Registration weighing should be performed not later than 6 (six) hours before the first competition.
2. For the first weighing, athletes must be in their registration class for the duration of championship and wear formal Pencak Silat pants and T-shirts.
3. All athletes must reweigh-in 15 minutes before competition.
4. Any athlete who is not in registered weight classification when reweighed 15 minutes before competition will be disqualified for the subsequent games in accordance with the Rules of Competition for International Pencak Silat Federation (PERSILAT).
5. In reweigh-in session all athletes must wear the Pencak Silat uniform without body protector.
6. No class toleration for body weight is allowed.

**XI. TUNGGAL(SINGLE) – GANDA (DOUBLE) –
REGU (TEAM) CATEGORIES COMPETITION****DURATION TIME**

1. For Tunggal (Single) category for Men & Women , Ganda (Double Player) category for Men & Women and Regu (Team) category for Men & Women the duration time to perform is as follows:
 - Performance time is 3 (three) minutes.
 - All athletes who have the queue number to perform but fail to be present after three (3) times their names are called by the Technical Official, the athletes are disqualified. The exception applies only for the athletes who have problems or the technical mistake from the Organizer. The Technical Official will make good decision for both parties, but if the category is ended and the result has been made, then the result cannot be changed.

XII. PERFORMANCE SYNOPSIS

It is mandatory for Team Managers or Coaches to give synopsis to the Technical Official for their athletes' performance of weapons dropping.

XIII. WEAPONS AND ACCESSORY DROPPING

1. For Ganda (Double) categories, if the numbers of weapon drops do not match the synopsis given to the Technical Official, the points of the athlete will be deducted.
 2. For Tunggal (Single) and Regu (Team) categories the points will be deducted for each mistake of dropping off accessory. However, this rule does not apply to Double category.
- WEAPONS.

1. Tunggal (Single) Category

- Long Knife (Golok or Parang) size 30 – 40 cm
- Toya/Tongkat (rod) made from rattan. Measuring from 150 – 180 cm and the diameter is 2 cm (-5, -3 cm).

2. Ganda (Double) Category

- Beside the weapons mentioned at point 1, in Ganda (Double) category the athletes are allowed to use extra Nusantara weapons such as keris, pisau, celurit and any weapons as mentioned in the Competition Rules of International Pencak Silat Federation (PERSILAT).
- All the Team Managers and Coaches must show all the weapons and pass the verification by the Technical Official during the Tunggal (single) and Ganda (double) category briefing. If any of the weapons is rejected by the Technical Official, the Team Manager and the Coaches must ensure that their athletes will not use them in the competition. If they fail to do so, the participants will be disqualified by the Technical Official.

XIV. Technical Competition Officials

13.1 International Technical Delegates
PERSILAT

13.2 Assistant International Technical Delegate
PERSILAT

13.3 Chairman of Competition
Singapore
Malaysia

13.4 Council of Referees and Jurors
Indonesia
Burnei Darussalam
Vietnam



13.5 Referees and Jurors

: Indonesia	: 2 Persons
: Singapore	: 2 Persons
: Malaysia	: 2 Persons
: Brunei Darussalam	: 2 Persons
: Thailand	: 2 Persons
: Philippines	: 2 Persons
: Vietnam	: 1 Persons
: Myanmar	: 1 Persons
: Timor Leste	: 1 Person
: Japan	: 1 Person
: Germany	: 1 Person
: France	: 1 Person
Total	: 18 Persons

VIII. PRIZES AND COMMENDATION

1. Victory Ceremonies

The victory Ceremonies shall normally be held after the completion of each event. Participants receiving awards must wear their official NOC uniforms.

2. Prizes

The prizes will be awarded as follows:

TANDING

First Prize	: Gold Medal and diploma to the winner in each category.
Second Prize	: Silver Medal and Diploma to the athlete placed second in each category.
Third Prize	: Bronze medal and Diploma to the losing semi-finalists in each category.

Tunggal,Ganda,Regu

First Prize	: Gold Medal and Diploma to the winner in event.
Second Prize	: Silver Medal and Diploma to the athlete placed second in event.
Third Prize	: Bronze Medal and diploma to the athlete placed third in event.

There shall be no tie for gold, silver or bronze medal placing, except in events where there is no play-off between semi-finalists for the bronze medal. Should there be a tie at the end of a competition for the gold, silver or bronze placing, a sudden death play – off shall be held to break the tie, or PERSILAT will decide the victor.





IX. APPROVAL OF TECHNICAL HANDBOOK

This technical handbook was approved by the PERSILAT





